

MPHA – Student Section Meeting – Meeting Minutes

Monday, November 28, 2011

Present: Ranelle Brew, Chair
Karyn Warsaw, Bryan Buckley, Lorena

Agenda:

1. D4H Web Forum Announcement

Getting Physical:

The Public Health Approach to Active Living

Please join us for this interactive Web Forum

Wednesday, December 7

11:30 AM to 1:00 PM Pacific Standard Time

There is overwhelming evidence that physical activity is effective in preventing and treating many of the leading chronic diseases as well as maintaining healthy weight and improving longevity, well-being, and quality of life. Physical inactivity has been identified as the fourth leading underlying cause of death in the US and the world. There has been a boom in the sale of fitness products and programs, ranging from running shoes to smart phone applications. However, over the same period of time, rates of physical activity have stayed at a constant low and obesity rates have increased to epidemic levels seen today.

The science of physical activity promotion has progressed as well, and there are several intervention approaches that have been shown to be effective, including those targeting individuals, social groups, and community environments. Many of them also are cost effective. The National Physical Activity Plan was launched in 2010 to take these interventions to prime time. The plan presents an eight-sector approach to making physical activity routine. The plan's vision is to make it possible for all members of a community to be physically active and live, work, and play in environments that facilitate regular physical activity.

Join us for an unprecedented Web Forum co-sponsored by Active Living Research, a national program of the Robert Wood Johnson Foundation. National leaders will summarize the science behind the physical activity guidelines and discuss the role public health practitioners can play in facilitating more physical activity in the population.

Sponsored by the Public Health Institute and Active Living Research

PRESENTERS

Joan M Dorn, PhD
Physical Activity and Health Branch Chief
Centers for Disease Control and Prevention

William L Haskell, PhD
Professor Emeritus
Stanford Prevention Research Center
Stanford University School of Medicine

Russell R Pate, PhD
Professor
Department of Exercise Science
Director
Children's Physical Activity Research Group
Arnold School of Public Health
University of South Carolina

MODERATOR

Deborah Lou, PhD
Program Analyst
Active Living Research
A National Program of the Robert Wood Johnson Foundation
San Diego State University

REGISTER NOW @

<https://publichealthinstitute.webex.com/publichealthinstitute/onstage/g.php?t=a&d=960189177>

A program of the Public Health Institute's Dialogue4Health Getting Physical: The Public Health Approach to Active Living Web Forum is a free, interactive forum that brings leading experts together to examine this issue and offer surprising insights critical to anyone concerned about the health of our nation. For more information, email Dialogue4Health@phi.org or call (510) 285-5690.

2. Are you a part of the Academy for Health? They are currently taking applications for student scholarships to attend the Annual Policy Meeting. The link is:
<http://www.academyhealth.org/Training/content.cfm?ItemNumber=2064&navItemNumber=2341>.

*Karyn has requested that job postings/list serv/scholarship information being posted timely on our MPHA Students Facebook page. Ranelle to send that information to Bryan as it comes across as an FYI to post.

Old Business

3. Future plans for the student section including school ambassador projects?
Bryan and Lorena are working on a MSU meeting in January 2012. The date is not yet finalized, however they are looking at January 17th from 6:00 – 8:00 p.m. Bryan is working on paperwork to secure a space and Lorena will be creating the marketing flyer. The goal is to get speakers from the public health field (i.e. some from MPHA, MSU, APHA section representation) to discuss the affiliations and encourage student recruitment.
4. Annual meeting follow-up discussion

New Business

5. Karyn will be the incoming chair CHPPD 2012, student section at the national level. This group has created a Linked-In page to connect students. Karyn will post to the MPHA-Student Facebook page for our group to view.

Next Meeting: Monday, January 30th, 2012 @ 5:00 p.m.

Please call in using phone number: 877-366-0711 and participant code: 19882855

Upcoming Meetings:

Monday, January 30, 2011 @ 5:00 p.m.

Monday, February 27, 2011 @ 5:00 p.m.

Monday, March 26, 2011 @ 5:00 p.m.