

MENTAL HEALTH ISSUES ACROSS THE LIFE SPAN

Nursing Contact Hours Pending

Provided by:

Grand Valley State University
Kirkhof College of Nursing
Cook-DeVos Center of Health Sciences
301 Michigan Street, NE
Grand Rapids, MI 49503

Grand Valley State University, Kirkhof College of Nursing, a Michigan Board of Nursing approved nursing education program, is authorized by Administrative Rule 333.10602g to award contact hours to participants at continuing education programs provided by the Kirkhof College of Nursing

March 20, 2018

Crystal Gardens
5768 East Grand River Ave
Howell 48843
517-545-1000



Cost: \$50.00 MPHA members; \$60 non-MPHA members; \$25.00 Pre-licensure students

NAME _____ PHONE _____

ADDRESS _____

CITY, STATE, ZIPCODE _____ EMAIL _____

Send check by March 9 to Crystal Hepburn payable to MPHA-PHN section:

P.O. Box 44022
Detroit, MI 48244
313-570-4983

Crystal Hepburn crystalhepburnRN@gmail.com

Conference Details

Agenda

Planning Committee

- Suzanne Keep, PhD, RN (Chair)
Associate Professor
University of Detroit Mercy
- Susan Clemen-Stone, MPH, RN
Associate Professor, Retired
University of Michigan
- Susan Harrington, PhD, RN
Assistant Professor
Grand Valley State University
- Lynn McDaniels, MSN, RN, PHCNS-BC
Chief, Community Nursing, Retired
Oakland County Health Division
- Katherine Moran, DNP, RN, CDE, FADE
Associate Professor
University of Detroit Mercy
- Sandy Walls, MSN, RN
Director of Nursing, Retired
Kent County Health Department

- 8:30 AM Registration and Continental Breakfast
- 9:00 AM **Welcome and Introduction**
Dr. Suzanne Keep
- 9:05 AM **Keynote Address**
Why Mental Healthcare Needs You
Kevin Fischer
- 10:00 AM *Mental Health and Menopause: How to recognize the connection*
Dr. Diane Bitner
- 10:45 AM Break
- 11:00 AM *Caring for Women with Perinatal Mood Disorders*
Dr. Robi Thomas
- 11:45 AM **Annual PHN Section Meeting and Award Presentation/ Buffet Lunch**
Crystal Hepburn
- 12:45 PM *Introduction to Evidence-based Practices in Geropsychology*
Dr. Claudia Drossel
- 1:35 PM *End the Silence*
Allison Paine
- 2:45 PM Break
- 3:00 PM *Suicide Prevention*
Hanna Cassise
- 4:00 PM **Summary and Evaluation**
Dr. Suzanne Keep

Speakers

- Kevin Fischer**
Executive Director
National Alliance on Mental Illness
- Diana L. Bitner MD, NCMP**
Director of Midlife and Menopause
Lemmen Holten Cancer Center
Spectrum Health Medical Group
- Robi Thomas, PhD, RN, PMHNP-BC**
Associate Professor
University of Detroit Mercy
College of Health Professions
McAuley School of Nursing
- Claudia Drossel, PhD, PhD**
Licensed Psychologist
Assistant Professor
Eastern Michigan University
Department of Psychology
- Allison Paine, BS, MS**
Lansing Community College
Assistant Professor
National Alliance on Mental Illness, state trainer
- Hanna Cassise, BS, MPH**
Public Health Educator
Oakland County Health Division

Program Purpose: This program will inform participants of strategies in mental health issues across the life span. Speakers will present current information on resources and interventions in the community that address the uniquely delicate balance of physical, mental and emotional health.

Target Audience: The program content is intended to inform public health nurses, public health nursing managers and administrators, nursing faculty, community-based providers, care coordinators, and home care providers. In addition, school nurses, occupational health nurses, and others will find the information valuable for practice now and in the future.